

**EXAMPLE — a worked Band 5 statement. Delete this banner; the words you submit must be your own.**

## SUPPORTING INFORMATION

Band 5 Staff Nurse — Acute Medical Unit · Example Trust · Aisha Bello

### PERSONAL STATEMENT / INTRODUCTION

I am a Band 5 registered nurse with three years' acute medical experience applying for the Staff Nurse post on your Acute Medical Unit. I meet each essential criterion in the person specification, and below I evidence the key ones with examples from my practice.

### EVIDENCE AGAINST THE PERSON SPECIFICATION

#### Essential: Evidence of delivering safe, high-quality, patient-centred care

**Situation:** On a 28-bed acute medical ward, I cared for a patient whose observations were deteriorating with suspected sepsis during a busy late shift.

**Task:** As her named nurse I was responsible for monitoring her, escalating concerns and keeping her and her family informed.

**Action:** I recorded a rising NEWS2 score, escalated immediately to the registrar using SBAR, started the sepsis-six pathway within the hour, and sat with the patient and her daughter to explain each step and reassure them.

**Result:** The patient stabilised and stepped down within 48 hours. I shared the case at our ward huddle and we added an SBAR prompt card to the resus trolley, which the team still uses.

↑ *a measurable, observable result plus a service improvement scores 3–4, not a 1; and “sat with the patient... to reassure them” evidences Compassion without naming it.*

#### Essential: Ability to work effectively within a multidisciplinary team

**Situation:** A patient ready for discharge was delayed because pharmacy, physiotherapy and the discharge team were working from different information.

**Task:** I took responsibility for coordinating the discharge so the patient could go home safely the same day.

**Action:** I arranged a brief MDT catch-up at the bedside, confirmed the medicines list with pharmacy, booked transport, and agreed the follow-up plan with the community team.

**Result:** The patient was discharged that afternoon rather than the next day, freeing the bed for an admission from A&E. I now use the same bedside MDT check for complex discharges.

↑ *“Working together for patients” shown through behaviour; note the result helps the wider service (bed freed), not just the task.*

*Repeat one STAR (or CAR) example per essential criterion in the advert — then desirable criteria where you can. Aim for up to ~1,500 words across the whole statement.*

### EVIDENCING THE SIX NHS VALUES

- Working together for patients — *the MDT discharge example above*
- Respect and dignity — *explaining each step to the patient and her daughter*
- Commitment to quality of care — *starting the sepsis-six pathway within the hour*
- Compassion — *sitting with the family during a frightening time*
- Improving lives — *the patient recovering and going home safely*
- Everyone counts — *freeing a bed so an A&E patient could be admitted*

*Worked example by Cvedo · check your statement free at [cvedo.co.uk/nhs](http://cvedo.co.uk/nhs) · the words must be your own.*